



BLACKSHEEP PEN

CHAPTER A DES MOINES, IOWA

April 2018

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- Director Training Clara & Fred Boldt toledotriker@gmail.com
- Membership Enhancement Directors Larry & Penny Anthony mepgwrrra@gmail.com
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- Deputy Directors B, E & L Bruce & Barb Beeman bbbeeman@charter.net
- Deputy Directors D, H & K Jack Wagner jwagner10@cox.net
- Deputy Directors F, I & J Ray & Sandi Garris director@gwrrra.org

Chapter **GAB SESSION** (BS GS)

First Saturday of every month at **Flying J Altoona**

Max's Highway Diner

3231 Adventureland Dr
Altoona, IA 50009

Breakfast 8:00 AM - 10:00 AM

BS GS @ 9:00 AM

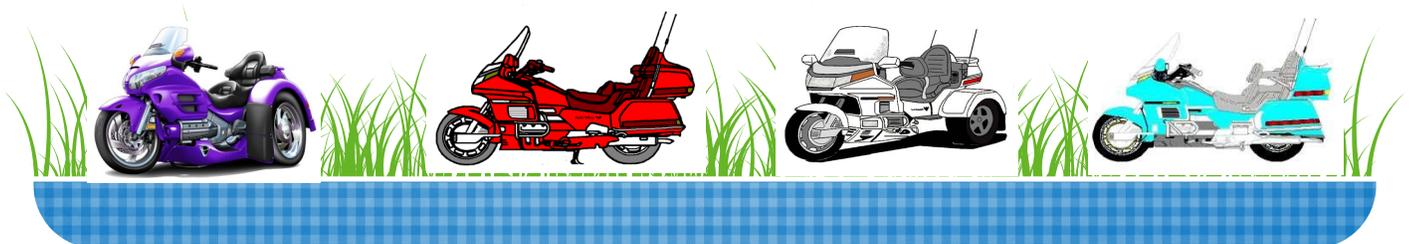
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- Director **John & Yvette Moravec** iamoravecfam@yahoo.com
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CHAPTER A TEAM MEMBERS



Chapter Directors

Randy & Debbie Heath



Assistant Chapter Directors

Dave & Diane Tingle



Assistant Chapter Directors

If interested please contact an officer



District Educator

Greg Hayes



Chapter Membership Enhancement

Vacant



Chapter Treasurer

Dave Voy



Chapter Mailings

Debbie Heath



Chapter Web Master

Scott Johnson



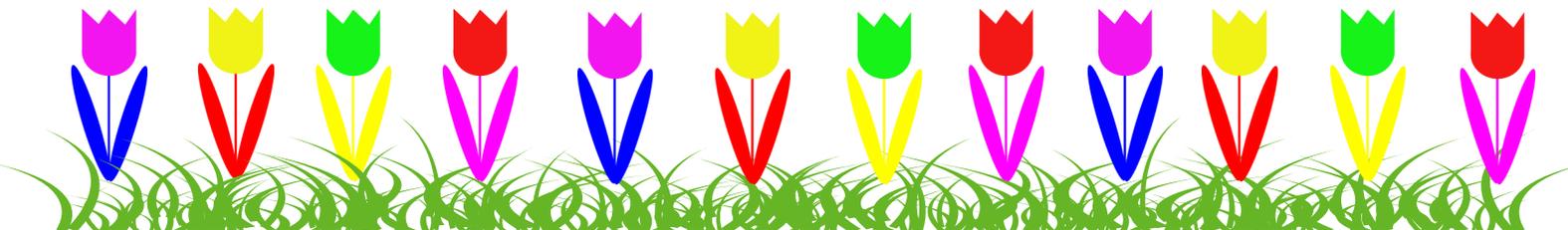
Chapter Newsletter

Beve Bolen-Johnson

2018 CHAPTER COUPLE OF THE YEAR

CONGRATULATIONS

RUSS & MARSHA TELL





SHEPHERDS STORIES



Randy & Debbie Heath
Chapter Shepherds
Rjheath2@gmail.com
Debbimah1954@gmail.com

Well Black Sheep, this will be our last news letter. { April Fools ! }

As we start the month of April the sun is staying up longer and it is getting warmer.

April is going to be a busy month. April 7th is our monthly G2G. Thursday April 12th will be our first dinner ride. { weather permitting }. Friday night April 20th will start the camping season for the Black Sheep. Yellow Banks County Park is our destination. Come join us !!

Thursday April 26th, will be a dinner ride to Brick Street Market in Bondurant, weather permitting.

Remember, the first part of the riding season we meet at Bomgaar's parking lot. Wheels roll at 6:30.

Those of you that missed the training day and Crazy supper missed a great time. Training and the Crazy Supper was just that, CRAZY !. So much laughter! So many pranksters and so much fun! Plan to attend next year you will not regret it. But, watch out for the Crazy Supper Sheriff and his shady deputy. You may end up in jail!!!

We hope things are going great for everyone. We are ready to get the trike out and ride.

April Birthdays

Diane Tingle 7th

Beve LLoyd 11th

Doug Fifer 13th

Josh Halbur 14th

Shirley Calmer 17th

Happy Birthday everyone !!

Randy & Debbie Heath

Directors Chapter A

Des Moines, IA

GWRRA moto "Friends for Fun, Safety and Knowledge".





SHEEP OUTFRIDERS



Dave & Diane Tingle

Assistant Chapter Shepherds

dtingle2@gmail.com

dave.tingle23@gmail.com

Get on your mark, get set, RIDE. Its here again and for me and Di couldn't get here fast enough. I really think we have a very exciting season coming up and many neat rides, lets just hope mother nature cooperates. Lets keep in mind that things have changed since last riding. One off those things is I am a year older. Lets practice our riding skills and have a safe riding season.

Dave & Diane Tingle

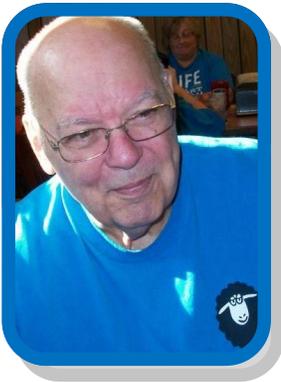
Assistant Directors

Chapter A {Black Sheep Squadron}

Des Moines, Ia.

Friends for Fun, Safety, and Knowledge





RAMS TRAILS



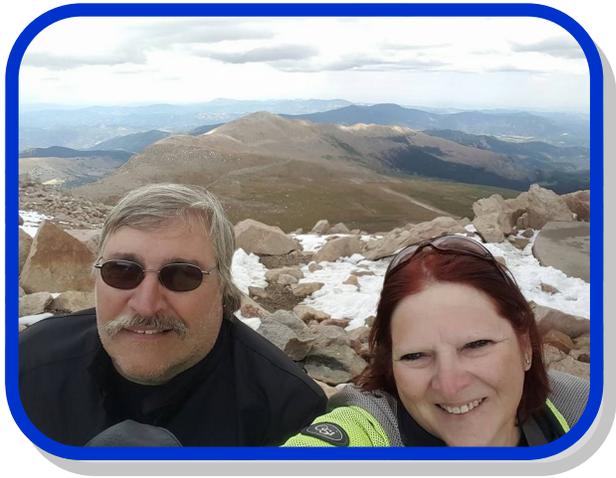
Tim Pherigo contact for the RAMs

RAM Rod

TIPHERIGO2@msn.com



Tim Pherigo



Roxanne Oder & Roger Munson
District Membership Enhancement
Coordinators
roxy50421@hotmail.com

SHEEP TALES



Hello! Just a short note regarding some upcoming dates. Safety Weekend is May 18 and 19. It's exciting that Friday afternoon, the 18th, the course classes are riding only refresher classes.

Sunday, July 29th, we are holding a Road Captain Course. Meet at Storm Lake Honda at 1 for classroom, then we will venture out for the riding part. We need any of you that are already Road Captains to help us with the riding part. Please let us know asap if you can help us.

Looking forward to all the good times ahead. Take care and ride safe.

Iowa District University Coordinators

Roxanne & Chief

District MEC



RAM WISDOM



Greg Hayes

Iowa District Educator

515.229.1597

hayeswing@gmail.com

From your Iowa District Educator

Last month I started a series of articles I wanted to write about a study on motorcycle crashes that was done for the MSF (Motorcycle Safety Foundation) by the Virginia Tech Transportation Institute. This is a recent study that was done over a 2 year period and involved 100 riders. These were all 2 wheeled motorcycles, but it did involve a mixture of cruising, touring and sport bikes, with a breakdown of 78 male and 22 female participants. The rider ages ranged from 21 to 79 years old with a wide variety of levels of experience, from novice to veteran, but with an average of 17 years of riding experience. There was approximately 30,844 trips recorded, which represented 9,354 hours of seat time, and a total of 366,667 miles. However, as I had mentioned in the last article, this is still a fairly small number of participants so the results could vary from a different study that had more participants. Yet, there is enough information from these studies to make some important observations for any type of motorcycle.

In my previous article I noted one of the observations made in the study, which I found somewhat surprising, was that they found the most common incident amongst motorcyclists was the low speed or no speed tip over. Although most of us would not identify that as an accident, assuming no injury to the motorcycle or motorcyclist, I guess it falls in the “unintended incident” category. However, I think of it as the intention of gravity upon an unbalanced object to force that object toward a much more massive object, the Earth. It’s just a reminder of how the science of physics impacts our lives. The VTTI study observed that dropping a bike is a fairly common incident. Of course, this is not going to be a problem with 3 wheel motorcycles since you need a higher speed before a trike has enough momentum to tip over. This study, though, did not involve any trikes. However, I think most of the other types of accidents identified in the study could have easily been involving either a 2 wheeler or 3 wheeler. So, let’s move on to our next observation.

Another surprising observation from the study was how many motorcycles crashed into the back end of another vehicle or object. This represented 35 percent of the accidents in the study that were not single vehicle accidents. I think a lot of us on the road are worried about the car or truck behind us hitting the rear of our motorcycles. The study did not go into what the reasons were for these accidents. With proper braking technique we can stop pretty efficiently. Were the riders intimidated in using their brakes, afraid of locking up their front wheel, or was overly aggressive on the front brake and caused a low side fall? Were they going too fast to stop in time? Were they distracted and did not see the vehicle in front of them, or saw them too late? I am going to speculate that the answer is yes to one of those questions for many of those riders.

On the last possibility, being distracted, we can easily underestimate how far we travel in a given time period. For example, if we are traveling 45 miles an hour and look away for 2 seconds we have traveled approximately 135 feet in that time. The formula converting miles an hour per second to an approximate distance traveled is to take your speed per miles per hour and multiple it by 1.5. This will give you the feet you have travelled each second at that speed. The math is not exact. This only gives you an approximate distance, but it is easy math. The multiplier is actually 1.4667 if carried out to four places. But, I can’t do that math in my head. Since using that multiplier results in 132 feet versus my 135



RAM WISDOM CONT.



feet approximation, I am willing to use the approximation method for this. The point being that 135 feet, or 132 feet, is a lot of ground covered by looking away for 2 seconds, especially if the car in front of me is only 30 feet away from my vehicle.

If the rider was just going too fast and was too close to the vehicle in front of them for that speed and that cause the rear-ender, then that means they did not have an adequate following distance. Isn't the basic problem with going too fast is that our stopping distance is going to be farther, so we are going to be traveling a greater distance in the time that it takes us to see a problem ahead of us and for the brain to react to that situation prior to us actually using the brakes? So, driving at a smart speed and maintaining a proper following distance reflective of that speed can help prevent some of these rear-enders.

Improper, or ineffective use of our brakes was one of the factors identified by previous motorcycle crash studies, such as the Hurt Study and the MAIDS Study almost 40 and 30 years ago, as being one of the three major skill lacking in those involved many of the accidents in their studies. To be honest, how many of us practice stopping quickly? Hopefully we are not using that skill very often in our typical riding. GWRRA does have rider courses where you are able to practice that technique in a safer environment than on the street. But, you could also practice this on your own if you found a safe place to practice. You just don't get the same type of feedback as you do in a rider course with a trained coach.

I should disclose that I am a GWRRA ride course instructor since the previous sentence sounds like an advertisement for taking a rider course, and I do my best to promote the GWRRA courses. But please note that I am not representing any organization's position on this article. The conclusions and opinions in this article are mine based on what I have read from the VTTI study and from other research I have read on this topic. I would encourage other people to read or research the study on their own if this interests them. But, I do have more that I want to pull from this study to share with you, which I will save for my next article.

Until then, I wish you safe riding!

Greg Hayes

Iowa District Educator, GWRRA

SAFETY THOUGHTS

By: Dennis Irvin & Donna McCullough



Dennis Irvin & Donna McCullough

Ride Coordinators

dcirvin2000@aol.com



Hey all, we were absent from the last get together due to us attending an event in Osage Beach but we will be there for the April get together and are looking forward to seeing everyone. Hopefully the weather will cooperate and we can get a ride in.

I wanted to take up a little space in the newsletter this month to talk to those who have been out and about riding in some of the better weather we have had. I was one of them. Also to those who will be getting out soon. Mother Nature and Old Man Winter have to let up sooner or later. Right? This is the time of year that people are not used to seeing motorcycles. We all know how, even during riding season, people still can't seem to pay attention to us and this is even worse at this time of year when they haven't seen motorcycles, or at least not very many, for quite a few months. So, if you are out, have been out, or are about to get out, please plan on taking some steps to be safe out there. This is a good time to brush up on your skills. Go to a parking lot and practice some of those basic skills like braking, cornering, starting off and turning from a stop. Maybe enroll in a class that helps you brush up on these skills. Safety Weekend is coming up and you can get practice there but many of us will be out long before that so it would be good to get some practice before then.

Also to help the cagers and others see you it is best to be as visible as possible. Wear bright, reflective coloring. Something that stands out against the surroundings you ride in. Lighting on the bike is equally important. Extra lights never hurt. Running with your brights on during the day is something to consider too. Anything to make you stand out so that you get noticed.

On another subject, if you have ideas for rides, let us know. We can throw together some weekend day rides to go with all the stuff that is already on the calendar. Just pass along your ideas.

One last thing, a reminder that we are looking for people to help us lead rides. We need more people so that we can cut the size of the group down so we don't have so many issues. We can put together a road captains course for anyone that would be interested.

Thanks for your time. See you at the get together and down the road.

Dennis Irvin & Donna McCullough

Ride Coordinators

Chapter A

BlackSheep Squadron

MISSOURI SPRING FLING

By; Dennis Irvin & Donna McCullough



Donna and I attended our 2nd Missouri Spring Fling the weekend of the last get together which is why we missed it.

This is a fun event and we highly recommend you give it some consideration if you can fit it into your schedule.

The event is in Osage Beach, a nice area near the Lake of the Ozarks. An area great for riding if the weather cooperates. We have never ridden down but a number of people do ride to this event. Niehaus Cycle always has a display on hand if you want to check out a new ride.

It is pretty laid back. If you get there early enough, as part of your registration, they serve up a nice breakfast. During the day, they have some games to play which earn you tickets for door prizes. All the games are always a fun time and the morning passes pretty quickly. Lunch is on your own and you can take the time to sightsee the area if you wish. There is always a swap meet so you can sell anything you might wish to get rid of and maybe you can find something you want.

During the mid-morning and early afternoon, they have some modules you can attend if you want to get some training. Then it is just some time to relax, do more sightseeing and grab some supper.

After supper, everyone gathers back up and they have some skits, award some prizes and then just have some fun with dancing and time spent talking with your new friends.

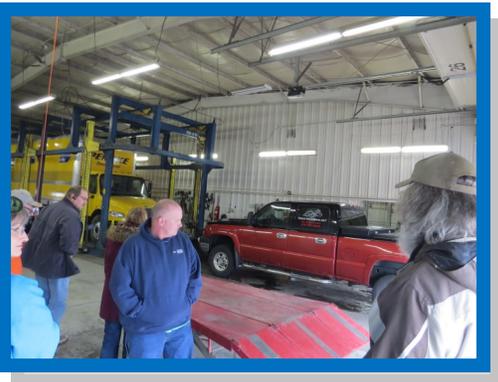
This event has been held for the two years we have been, and will be next year, at the Inn at Grand Glaize. Hotel needs a little TLC but they are working on it. It is a nice place and the room rates are very reasonable.

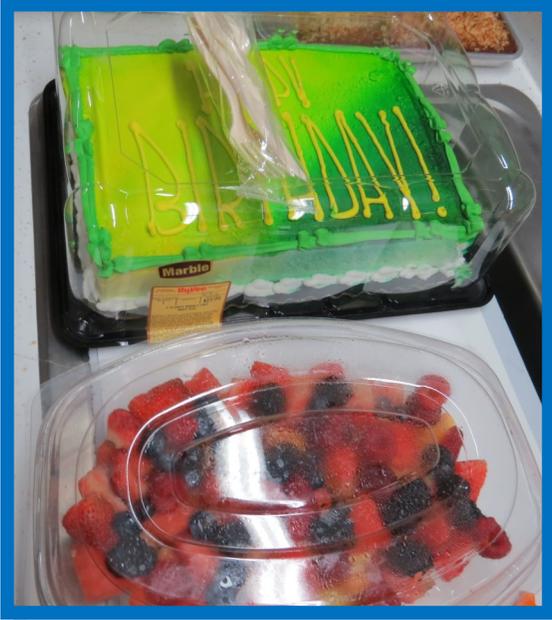
Always nice to get out and meet members from different areas and we wholeheartedly recommend attending this event.

Dennis and Donna

TRIKE YOUR BIKE TOUR & BRUNCH

MARCH 17TH, 2018







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For more information, or if you have questions,
email Rhonda at onestop@infinitecolorworks.com or call 641-521-3978

Infinite Color Works



Address:
3231 Adventureland Dr
Altoona, IA 50009
Phone: (515) 967-7878



Tim Forbes, CHFC, CPCU, CLU
(515) 967-6601

www.timforbes.net
auto-renters-life-home-health-business

325 8th Street SE
Altoona, IA 50009
Phone: (515) 967-6601
Fax: (515) 957-9020
Tim Forbes Website

Des Moines Ronald McDonald House Wish List

High Need Items will have *



Wish List

Gift Cards*

Casey's
QuikTrip
Starbucks
Hy-Vee
Target
Walgreen's

Food Pantry

Keurig Coffee K-Cups*
Breakfast Bars
Granola Bars
Butter (Sticks & Tubs)
Seasonal Fresh Fruit/Veggies
Cereal (Single Serving Boxes)
Chips (Single Serving Bags)
Fruit Snacks
Fruit Cups
Sliced Bread
Lunch Meat
Sliced Cheese
Ready to eat microwave Mac N Cheese*

Household

Trash Bags
Clorox Wipes
Stainless Steel Polish

Office

Postage Stamps*
Copy Paper
Card Stock*

Kitchen

Crock Pot Liners*
Paper Bowls (non-Styrofoam)
FIT Veggie Cleaner
Ziploc Baggies (sandwich, snack, quart, gal.)
Paper Plates (non-Styrofoam)
Stainless Steel Scratchers
Leftover disposable food containers (to-go)*

Families

Local Sporting Event Tickets
Civic Center Tickets
Botanical Garden Passes
Bus Passes
Spa/Salon Certificates
Cross Word Puzzles
Word Search
Activity Books, i.e., Sudoku
Baby Wipes
Crayons & Coloring Books

Laundry

Laundry Detergent (**HE Only, Please**)
OxiClean Stain Remover
Bleach
Tide Washing Machine Cleaner
Liquid Fabric Softener

Personal

Men's/Women's Shave Cream
Women's Deodorant
Toiletries (individual or large sizes)
Bar Soap
Lip Balm
Hand Sanitizer (travel size & regular size)
Toothpaste (Large size)
Hair Brushes*
Shampoo & Conditioner (Large size)*
Adult individual toothbrushes



RONALD MCDONALD
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OF CENTRAL IOWA, INC.



MEP Team Assistants Wanted!

Looking for a fun and exciting way to make a difference? Come, join our Membership Enhancement team of volunteers. If you are an enthusiastic and excited member who is keenly interested in our Couple of the Year Program, then we are looking for YOU! We are looking for four (4) American and one (1) Canadian Membership Enhancement Team Assistants who can help us implement the International Couple of the Year Selection Process.

Some of your responsibilities would be:

- Contact all Districts within your COY territory and gather names and contact information for all the District Couples.
- Reach out to District Couples and give them information about our new Couple of the Year Program. Offer them your support should they decide to move forward.
- Gather resumes and other related forms and information as required.
- Set up interview times with the selected judges and make the necessary arrangements. Oversee the interviews.
- Guide, support and encourage your Couples. Make sure you are familiar with our new Handbook so you can answer any questions they may have.
- Participate in a couple of MEP Team Assistant meetings so you are knowledgeable about the Program and the process. We will help you every step of the way!
- This is a short but enjoyable project for approximately three months each year (mainly January to March) that's just a little bit different and a whole lot of fun!
- Most of all.....ENJOY! Thanks to your efforts, this will be one of the most rewarding and delightful endeavors that your Couples will ever experience!



If you would like to submit your name for consideration for the MEP Team Assistant position in your territory, simply forward your name, contact information and a brief description of your GWRRA or Couple of the Year experience to:

*Ron & Bev Clark, MEP Assistant Directors COY
Email: mepad.coy.gwrра@gmail.com
on or before February 28, 2018.*





GWRRRA Iowa District Rider Education
2018 SAFETY WEEKEND
FUN! SAFETY! KNOWLEDGE!



May 18 & 19, 2018

at Des Moines Area Community College [DMACC]
 2006 S. Ankeny Blvd. Ankeny, Iowa 50023 Bldg. 3

FRIDAY MAY 18, 2018

TIME CLASSROOM NUMBER & COURSE
 FROM TO



1:00 6:00 Range #1 - **ARC-Recert** 1 or 2 up. 2 wheel course
 1:00 6:00 Range #2 - **TRC-Recert** 1 or 2 up. 3 wheel course
 1:00 5:00 Room 122 - **CPR/First Aid**

Please note: The ARC and TRC-Recert courses on Friday are only for those who have PREVIOUSLY COMPLETED the full ARC or TRC course. There is no classroom portion. These courses are held only on the riding range. There is no free lunch on Friday but refreshments will be provided.

SATURDAY MAY 19, 2018

Coffee & Donuts 7:30 am

TIME CLASSROOM NUMBER & COURSE
 FROM TO



8:00 5:00 Range #1 - **Advanced Rider Course** 1or 2 up (2 wheel)..
 8:00 4:00 Range #2 - **Trike Rider Course** 1 or 2 up (3wheel).....
 8:00 Noon Room 122 - **CPR/First-Aid**.....

Lunch Served(Sat. only): Free Lunch, Coffee, Water & Fun Activity
Proper Riding Gear Required For All Riding Courses
[Helmet, Gloves, Long Sleeves & Pants, Eye Protection, Over the AnkleBoots]

Host Hotel: **SLEEP INN**, 2406 SE Tones Drive, Ankeny, IA, 50021 [800] 424-6423
 Rate: \$85.00 Plus Tax - new hotel, but same rate as last year
 Ask for Goldwing Road Riders Block by April 15, 2018 - no refunds after 4 pm day of arrival

REGISTRATION [PLEASE PRINT OR TYPE]

RIDER NAME _____ \$40.00
 CO-RIDER NAME _____ \$30.00
 GWRRRA NUMBER _____ **TOTAL =** _____
 EMAIL ADDRESS _____
 YOUR NAME _____
 ADDRESS _____
 PHONE _____

Checks To: **GWRRRA Iowa District**
 Mail To: **Greg Hayes, 2605 82nd St. Urbandale, Iowa 50322**
 Questions: Call Greg Hayes Phone: 515-229-1597 and leave a message,
 or email at hayeswing@gmail.com

ALL REGISTRATIONS DUE BY APRIL 24, 2018
Held Rain or Shine - No Refunds After May 1, 2018